



Monday

November 27, 2023

Heritage Woods Secondary

"WE ARE KODIAKS"



Bell Schedule



Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25

Attention Grade 12s!

The Grad Wear store is open until Dec. 22nd!

<https://store.passionsports.ca/hwssgrad2024>

Sizing samples will be available in the Grand Hall next Wednesday and Thursday during Flex.





2023 Winter Formal



—||— Masquerade ball —||—



December **20th**, 6:30-9:00
Grand hall
Grade 12's only



Semi-formal + masquerade mask
(only covering half of face, masks must be
removable and in the style pictured here)

Early bird Nov 15th-30th
\$25
Late rate Dec 1st-18th
\$30

Pay through office or school cash online



Brought to you by the HWSS grad council

Yearbook Kodiak Announcement!

There is a list of student names right outside the office for the yearbook. Please verify that your name is spelled correctly, and your chosen name is accurate.

Failing to do so by December 1st could result in errors in the yearbook that can't be fixed later.

If you would like to buy a yearbook the cut off date is at the beginning of February. Yearbooks are payable on SchoolCashOnline. They are \$60.

HERITAGE WOODS SECONDARY

PRESENTS:

EST. 2004

"I'M A TEENAGER GET ME OUT OF THIS FAMILY!"



NEW PARENTS WANTED

17 year-old Julie Foley is looking for new parents that aren't as "ordinary" as her old ones. She and her brother, Johnnie Foley are putting an ad out to interview people as soon as possible. Come to the interviews to see what happens. Will they find new parents or will they have to live on the streets?

TICKETS AT THE DOOR: \$5.00

DECEMBER 1ST AND 2ND AT 7:00PM

DIRECTED BY:
OLIVIA SCHNEIDER
& KINLEY YU

**ARTISTIC
DIRECTOR:**
SHANDA WALTERS

WRITTEN BY:
JIM GARVEY

POSTER BY:
PARSA NAJAFI

604 461 8679

1300 DAVID AVE. PORT MOODY

Heritage Woods Presents

scenes from *Metamorphoses*

Based on the myth

Written and Originally Directed by Mary Zimmerman



Dec 1st & 2nd at 7:00pm

Tickets \$5 at door | 1300 David Ave

METAMORPHOSES was originally produced by Lookingglass Theatre Company, Chicago, October, 1998
Premiered in New York City by The Second Stage, New York, September 2001
Artistic Director: Carole Rothman Managing Director: Carol Fishman Executive Director: Alexander Fraser
OVID'S METAMORPHOSES translated by David Slavitt, Johns Hopkins University Press 1994

We are back!

Multicultural Club



- Movie Nights
- Board Games
- Crafts
- Kahoot
- Festival Celebrations
- Field Trips

MULTICULTURAL CLUB IS BACK!

Bring your friends to enjoy movies and snacks!



Movie Night



\$2 for pizza

Sign Up Here

Tuesday, November 28, 2023
Afterschool @ Room 244

Do you have any old eyeglasses to donate?

Our school will be collecting eyeglasses and sunglasses for the local charity T.W.E.C.S (Third World Eye Care Society). T.W.E.C.S goes on eyecare missions helping developing countries.

They provide eyecare and glasses so people can study, go to school, work, and function every day. In early 2024, T.W.E.C.S., along with a local SD43 student, will be travelling to Virac in the Philippines.

They hope to provide thousands of eyeglasses to those in need.

There is a labelled box in the main office to deposit glasses in if you would like to donate.

Thank you!

For more information go to:
<https://www.twecs.ca/>





SUSTAINABLE PURCHASING

WHAT IS IT?

Health and environmental effects are reduced when you buy sustainable products

HOW CAN I BE SUSTAINABLE?

By purchasing reusable items, local and eco-friendly products, and avoiding single-use items.

CAN YOU BE SUSTAINABLE?





BASKETBALL

— MEDIA DAY —

TIME SLOTS:

9-10am	Jr. Boys team
10-11am	G. 9/10 Girls
11-1pm	Sr. Boys
1-2pm	G.9 Boys
2-3pm	Sr. Girls

SUNDAY NOV 26TH

ALL PLAYERS MUST BE ON TIME
IF YOU HAVE ANY QUESTIONS DM
[@LACHLANSHERRIFF_MEDIA](#) [@BAHAR_EB9](#)

CLUBS



WYNS CLUB

KODIAK KLASSIC

BAKE SALE



Wednesday Nov 29
at lunch in the grand hall

Feel free to stop by for some Kodiak-themed baked goods (*all priced at \$2*) and to boost your school spirit before the games!

All proceeds will be donated to local hospitals.

CAREER CENTER



Occupational First Aid Level 1

Occupational First Aid (OFA) – Level 1

Occupational First Aid (OFA) Level 1 is a **one-day course** designed to cover all medical techniques considered to be within the responsibility of the Occupational First Aid Level 1 Attendant as required by the Workers' Compensation Board of BC (WCB).

Course information:

- time: **8.30am and runs until 4.30pm**
 - with appropriate coffee and lunch breaks... bring your own food or there is a fast-food restaurant nearby
- age: **must be at least 16 years old** at the time of the course
- advertised as \$90 (\$120 to non-members), but after district discount, cost will be \$80 + GST (**\$84 total**)... so great savings!
- location: Universal Health & Safety at **#201 - 4199 Lougheed Hwy, Burnaby**
 - 10-minute walk from Gilmore Skytrain station
- **Main topics covered include:**
 - Basic Life Support (CPR - A) -- CPR with Automated Defibrillator Training
 - Small Wound Management
 - Critical Airway, breathing and circulation interventions with C-spine management
- In order to be successful, participants must **demonstrate practical skill competency and achieve 70% on a multiple choice exam**. On successful completion of the course, participants receive a 3-year certification.
- certification: **government-issued photo ID** is required to receive a certificate (ex: driver's license, passport, NEXUS, BCID,...)

- Want to register for one of the training sessions listed below?
- To receive the reduced workshop fee, you will need to use this Online Registration and Payment link:
https://www.sd43.bc.ca/CareerPrograms/0Documentation/OFA1_ICBA.docx
- You will need a credit card to complete the registration process.
- **Next training dates:**
 - December 8 (Fri) - reg is open
 - December 23 (Sat) - reg is open
 - January 12 (Fri), 2024 - reg is open
 - January 27 (Sat) - reg is open
 - February 9 (Fri) - reg is open
 - March 8 (Fri) - opening soon (for this date and below)
 - March 23 (Sat), April 12 (Fri), April 27 (Sat), May 11 (Sat)
 - May 24 (Fri)

Winter Brunch Volunteers Needed



Friendly Forest Preschool is looking for volunteers to help with our annual Winter Brunch holiday event.

Date: Saturday December 9th

Volunteer shift: 8:30am-2:30pm - 6 hours

Event time: 11am - 1pm

Location: Anmore Elementary School

All volunteers will receive a break with brunch included and proof of volunteer hours completed.

To sign up please send your current resume or contact information via email to:

social@friendlyforestpreschool.com



Looking for enthusiastic volunteers to help spread holiday cheer and assist with the following tasks:

Set up: tables/chairs/holiday decor

Reception: greet guests

Craft station: engage kids in creative activities

Food: help with serving, clearing plates

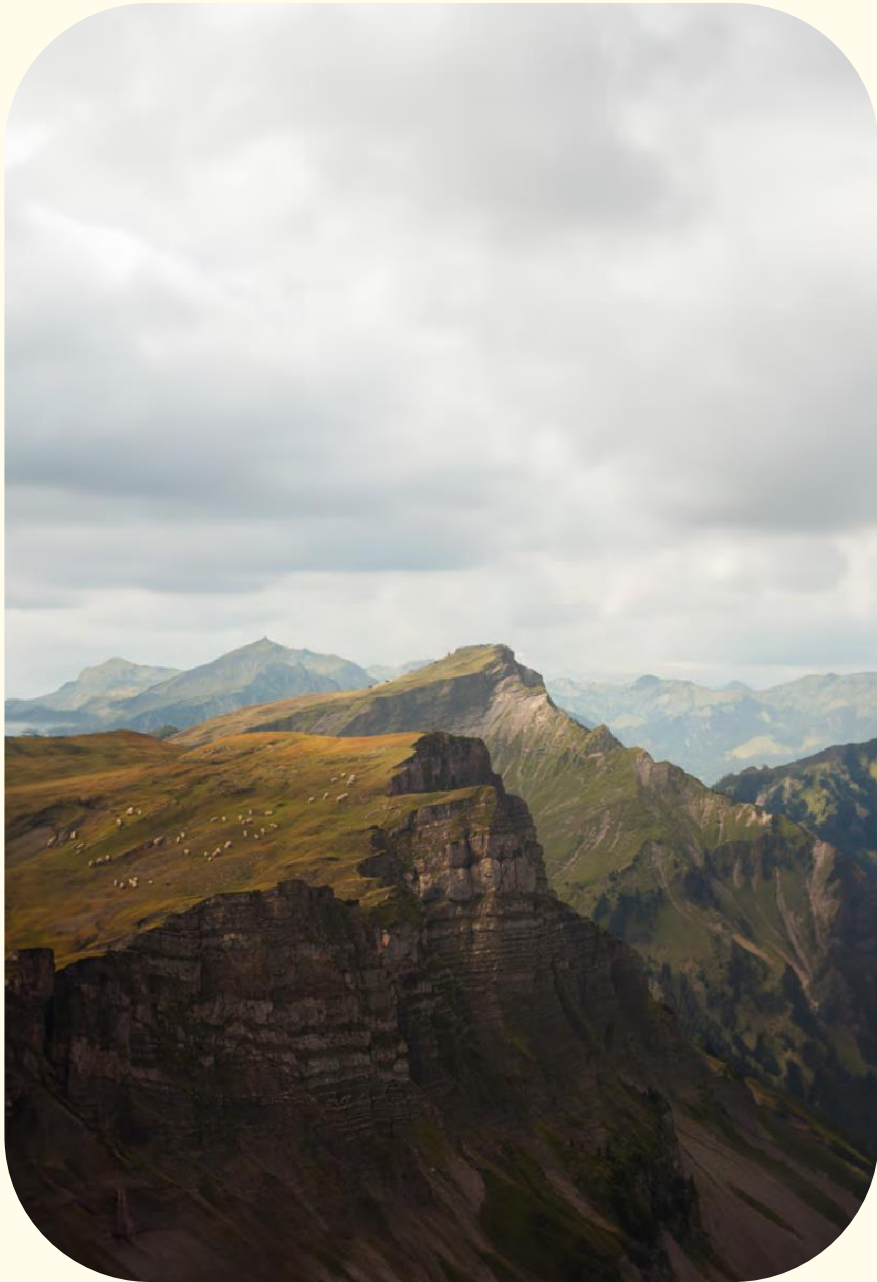
Cleanup: after the event



Upcoming Post-Secondary Info Sessions

- Thu Nov. 23 U Calgary @lunch in Grand Hall
- Thu Nov. 30 SFU Criminology virtual 5pm on Zoom
- Thu Dec. 07 Douglas @lunch in library computer lab





RANGE

A GEOGRAPHY CONFERENCE

What do lasers, mountain ranges, and transportation networks have in common? They are all exciting topics of study within Geography!

Come join SFU's Geography Student Union on **Saturday, November 25** at **SFU Burnaby** to learn all about what geography has to offer:

- Research talks and activities from SFU Faculty, Graduates, and Undergrads
- Networking opportunities
- Snacks and lunch provided

To learn more: tinyurl.com/RANGE-FAQ

To register: tinyurl.com/RANGE-REGISTER
or use the QR code!

